

## Your Itinerary

### New York-Paris

**Saturday April 22:**  
Arrival in Paris from New York

**Sunday April 23:**  
Visit Paris with SPFA and the American Cathedral of Paris

### Paris-Yerevan

**Monday April 24**  
Meet at Roissy airport : 2pm. Depart for Yerevan : 4 pm.  
Arrival Yerevan at 9 pm. Settle into hotel.

**Tuesday April 25**  
Morning: visit of Yerevan. Afternoon: excursion to  
Garni [1<sup>st</sup> century pagan temple] and Geghark  
[monastery set into rock]

**Wednesday April 26**  
Excursion to Sevan Lake et Haghartsine monastery

**Thursday April 27**  
Visit and help with humanitarian efforts in Gumri

**Friday April 28**  
Visit to churches at Aghtarak and the Saghmosavank  
monastery

**Saturday April 29**  
Morning: Excursion to Khor-Virab in the Ararat region  
Afternoon: free time

**Sunday April 30**  
Morning: Excursion to the Etchmiadzine Cathedral,  
participation in the religious service. Visit to  
St Hripsime and St Gayane churches and the Zvartnots  
ruins. Afternoon: free time -

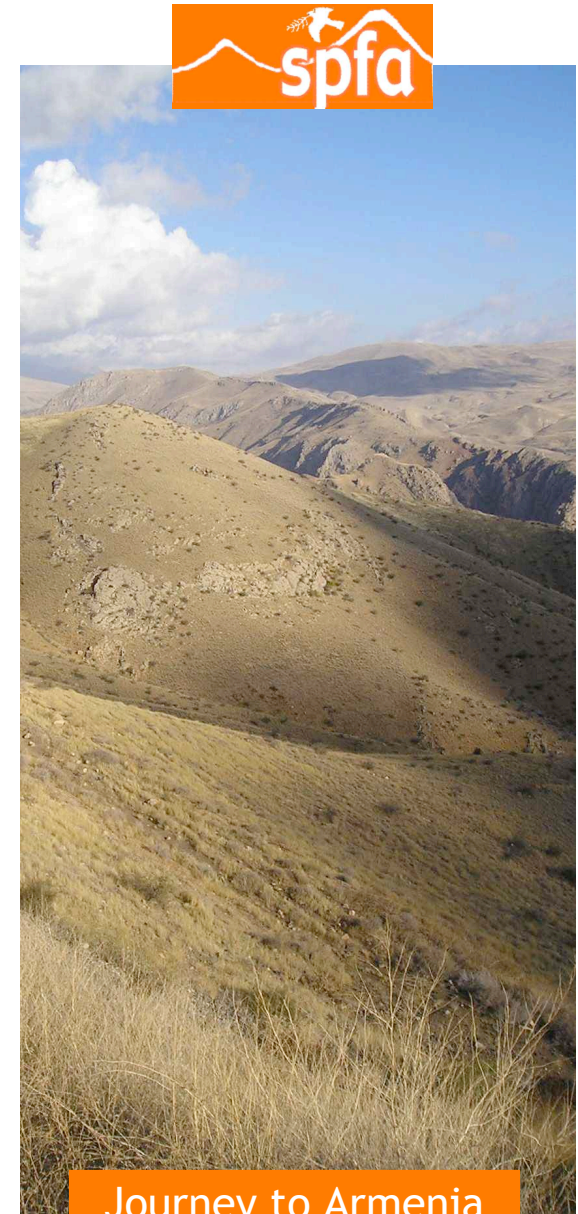
### Yerevan-Paris

**Return to Paris:**  
Arrival at Roissy airport Monday April 25 at 8 am



**NEW YORK :** c/o Philippe Lerch Tel : 917 292 5182  
**PARIS :** 1 rue Cabanis 75014 Paris Tel : 01 47 35 30 23  
**YEREVAN :** 47 rue Khandjian, #10, Erevan Tel : (00 37 41) 52 27

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**Journey to Armenia**  
*24<sup>th</sup> April -1<sup>st</sup> May 06*



## The Republic of Armenia

Armenia is situated in transcaucasia. With 90% of its territory at over 3000 feet altitude and a dry, continental climate, the temperature fluctuates considerably with the seasons. The region has known intense seismic activity, including the tragic earthquake of December 1988.

Armenia is changing every day : independant since 1991, the country is setting up its own institutions and learning day by day from its experience. Since 2001 Armenia has been a member of the Council of Europe.

### Facts and Figures

Area : 29.800 Km<sup>2</sup>  
Capital : Yerevan

Armenia's size is comparable to that of Maryland in the USA,

Population : 3,2 M illion.  
Birth rate. : 1,7  
Life expectancy : 72 ans

Armenia's population is similar to that of Oregon state in the USA.

GNP (and GNP per capita.) annually :  
USA 10,400 MM\$ (37,600 \$)  
Armenia 2.4 MM\$ (790 \$)

### Dates to Remember

Armenia was the first state to officially adopt the Christian religion, in the year 301 AD

Genocide in Armenia : from 1915 to 1917 (1,5Million dead morts, i.e. 2/3 of the pop.)

Soviet era : 1921 to 1991

Earthquake :  
7 December 1988 (between 30.000 and 100.000 dead depending on the source of information)

Independance : 21 Sept. 1991



You will be accompanied by young english-speaking Armenians who would be delighted to share their culture and their experiences with you.

### A few words to help you on your way

The Armenian alphabet is one of the world's oldest and most beautiful. Here are some examples of phrases with phonetic equivalents and their meaning in English :

Armenian	Phonetic	English
Հայաստան	Hayastan	Armenia
Պարել Դգել	Barev Tzes	Hello
Ազինորհակալողիոն	Schonorhagalootioon	Thank you
Դեպիտողիոն	Tsedesootioon	Goodbye



Samuel Sahagian and Janik Manission will join you on your journey



« The kindness of the Armenians, a splendid but extremely poor mountainous country, so much for the first impressions. »

« The hospitality was very cordial, and their great generosity rather took us aback. Unforgettable moments, in particular around the table. The meals were always plentiful, with sometimes surprising food, like the tanabour (a soup with yoghourt, corn and herbs). »



To travel to Armenia with SPFA is a pleasant and at the same time particularly effective way to help Armenia.

1,600 people have already taken part one of the three annual voyages organized by SPFA. Their human (and humanitarian) experience were at least as rich as the touristic and cultural elements of the voyage. They received at least as much as they gave.



## SPFA - Our Organisation

SPFA ia a non-governmental organisation created in April 1990, following the terrible earthquake of December 1988. Our work for the last 15 years in Armenia has been of a Cultural, Humanitarian and Ecumenical nature.